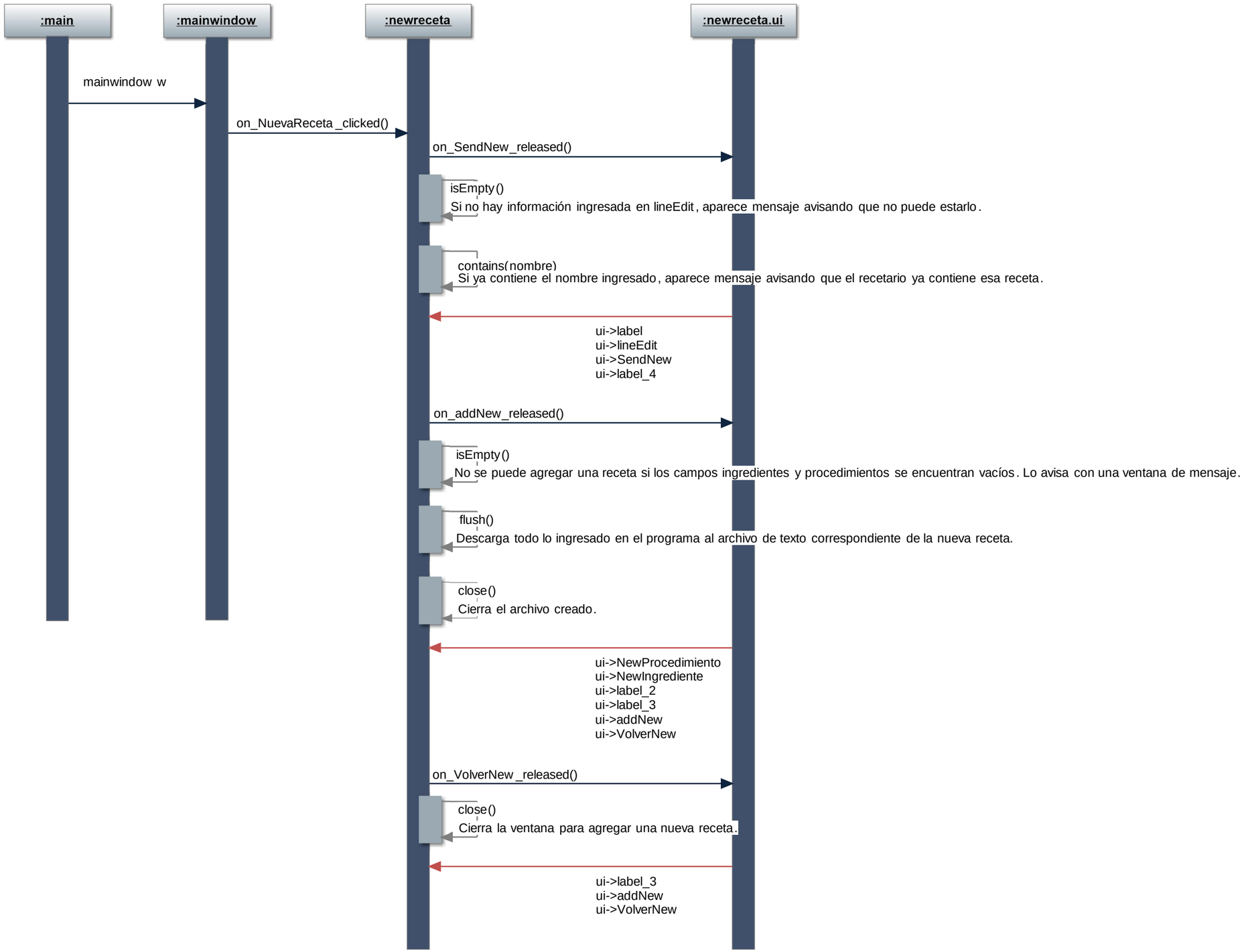Diagrama de secuencia "Nueva Receta"